



Family Home Visits

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Community health nurses work with families in different settings, including clinics, schools, offices and the family home. An important aspect of community health nursing's role in promoting the health of population is providing services to individual families in their homes.



Purposes of Home visits

- ✓ To assess the family as a unit and as individuals.
- ✓ To observe the family in its real situation and environment.
- ✓ To give teaching and advices in their home environment.
- ✓ To give each family member a chance to raise questions.

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- ✓ To identify the needs of each family member.
- ✓ To observe the nursing care given to a sick member at home.
- ✓ To identify health hazards and problems that can not be dealt with during a clinic visit.
- ✓ To identify high risk family members and refer as needed.



Advantages of Home Visits

- Convenient for the client
- Family members will be more relaxed in their real situation.
- Client control of the setting.
- The best option for clients unwilling or unable to travel.
- The family gains more confidence and are then free to raise questions and solve their problems.



Phases and Activities of Home Visits

Initiation Phase

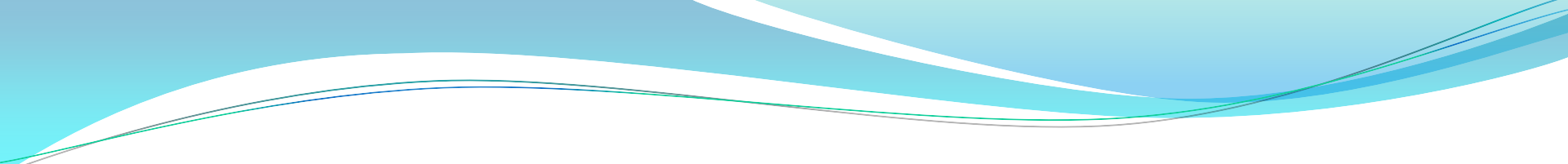
- ❖ Clarify source of referral for visit
- ❖ Clarify purpose of visit
- ❖ Share information on reason and purpose of home visit

Pre Visit Phase

- ❖ **Initiate contact with family**
- ❖ **Establish shared perception of purpose with family**
- ❖ **Determine family's willingness for home visit**
- ❖ **Review referral & family record**

In Home Phase

- ❖ Introduction to self
- ❖ Establish nurse client relationship
- ❖ Implement nursing process

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- **Termination Phase**
 - Review the visit**
 - Plan for future visit**
 - **Post visit Phase :-**
 - Record visit**
 - Plan for next visit**

Family – Nurse Contract

- “It is an agreement between the family or individual family member and the nurse, to each engage in certain activities aimed at resolution of mutually defined problem”. Together the nurse and family discuss and analyze –
 - What needs to be changed
 - What goals should be set and
 - What stage the goals will be re-negotiated

Purposes

- To enhance and support the client's active role in health care.
- To help client accomplish the health related goals



(Process of Contracting) Phases and Activities

Beginning phase

- **Mutual data collection and exploration of needs and problems**
- **Mutual establishment of goals**
- **Mutual exploration of resources**
- **Mutual development of plan**

Working phase

- **Mutual division of responsibilities**
- **Mutual setting of time limits**
- **Mutual implementation of plan**
- **Mutual evaluation and re-negotiation/modification**

Termination phase

- **Mutual termination of contract**