# Lecture 3 Medical Terminology Thirsday 12/1 / 2017

1. Medical Terms sometime Look-alike or Sound-alike Terms and Word Parts Examples: Arteri/o = artery ,Ather/0 = plaque or fatty substance ,Arthr/o = joint Ileum = part of small intestine, Ilium = part of the hip bone Mucous – adjective that describes specialized mucous membranes that line the body cavities. Mucus – a noun and the name of the substance secreted by the mucous membranes.

- 2. The essentials for a successful medical terms include the following:
- \* Pronunciation

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- \* Spelling and Writing & Definition
- \* Proper uses of Root Words, Suffixes and Prefixes
- \* Singular and Plural uses for ending of medical terms follow a different set of rules from a given English standard

3. The use of incorrect medical Terminology will lead to the following:

Decreases & marginizes out role as professional in the healthcare environment .....

May results in ineffective & harmful treatment May be detrimental in litigation

May result in loss of trust in healthcare providers

4. Learn the meanings of commonly used word elements and understanding how can be combined to make a medical terms .Think of each term as a combination of building blocks fitted together to create a precise meaning. When you see a new term break it down into the elements, then identify and define each element and this will helps you to define the term.

## Suffix: Singular vs. Plural

#### Greek

### Singular Suffixes

- o -on
  - o Spermatozoon, ganglion
- o -ma
  - o Carcinoma, lipoma
- o -sis
  - o Crisis, prognosis
- o -nx
  - o Larynx, pharynx

#### Plural Suffixes

- 0 -a
  - o Spermatozoa, ganglia
- o -mata
  - o Carcinomata, lipomata
- o -ses
  - o Crises, prognoses
- o -ges
  - o Larynges, pharynges

## Suffix: Singular vs. Plural

#### Latin

### Singular Suffixes

- -a
  - Vertebra, conjunctiva
- -us
  - Bacillus, bronchus
- -um
  - Bacterium, ilium
- -is
  - Testis

#### Plural Suffixes

- -ae
  - Vertebrae, conjunctivae
- -i
  - Bacilli, bronchi
- -a
  - Bacteria, ilia
- -es
  - Testes

## Suffix: Singular vs. Plural

#### Latin

### Singular Suffixes

- -ex
  - cortex
- -ix
  - Appendix
- -ax
  - thorax

### Plural Suffixes

- -ices
  - cortices
- -ices
  - appendices
- -aces
  - thoraces

### Practice...

#### Singular:

- Sarcoma
- Diagnosis
- Phalanx
- Coccus
- Calcaneum
- Vertex
- Cervix
- thorax

#### Plural:

- Sarcomata
- Diagnoses
- Phalanges
- Cocci
- Calcanea
- Vertices
- Cervices
- thoraces

### **Prefix**

 Prefix is a word part that goes in front of a word root, changing the meaning of the word.

### **Prefix**

- Ex-+ tension = Extension
- $\bullet$  Ex-+ press = Express
- Dis-+ please= Displease
- Dis- + ease = Disease
- lm-+ plant = Implant
- Sup- + plant = Supplant
- Trans- + plant = Transplant

### **Acr/o = Extremities**

- Acr/o = extremities (arms and legs)
  - Acr = word root
  - O = vowel
  - Acr/o = combining form
- Acr/o/paralysis: Paralysis of extremities
- Acr/o/cyan/osis: Condition of blue extremities
- Acr/o/dermat/itis: Inflammation of skin of the extremities, like red inflamed hands

## Megal/o = Enlarged, Large

- -megaly = Suffix for "enlarged"
- Acr/o/megaly: Enlargement of the extremities
- Acromegalic Gigantism = A specific disorder of the body with enlargement of the bones of the hands, feet, and head.
- -y = Suffix that means "the process or condition". Makes a word a noun.

### **Dermat/o = Skin**

- -logy = (noun) Study of
- -logist = (noun) One who studies
- -logos = Greek for study
- Dermat/o/logist: The person who specializes in diseases of the skin
- Dermat/o/logy: The study of skin
- Eti/o/logy: Study of the origin of disease

### -itis = Inflammation

- Dermat/itis: Inflammation of the skin
  - i.e. Contact (allergic reaction) dermatitis, or due to infection, inflammation, trauma
- Acr/o/dermat/itis: Inflammation of the skin of the extremities

### -osis = Condition, Status, Process

- Dermat/osis: Any skin condition. (abnormal condition). (noun)
- Cyan/osis: Condition of blueness



## Cyan/o = Blue, Blueness

- Cyan/osis: (noun) Condition of blueness
- Cyan/otic: (adj.) Pertaining to a condition of blueness
  - -tic = adjective suffix for "pertaining to"
- Acr/o/cyan/osis: Blueness of the extremities
- Cyan/o/derma: Bluish discoloration of the skin

## The Layman's Medical Terms...

Not a friend

**Ar**tery

Study of painting

**G.I.** Series

Army baseball

**Impotent** 

Distinguished, well known

Airport sickness

**Varicose** 

Nearby

Seizure

Roman Emperor

**Outpatient** 

Person who has fainted

# **Abbreviations & symbols**

- Medical abbreviations and symbols are a "short hand" for medical professionals
- Most have been standardized and are universally accepted

## **Using Abbreviations**

- Tid- three times a day Bid Twice daily
- Abbreviations can also lead to confusion and errors! Therefore, it is important that you be very careful when using or interpreting an abbreviation.
- Qd- everyday Q ID 4 X daily
- Po- by mouth
- Most clinical agencies have policies for accepted abbreviations
- If there is any question in your mind about which abbreviation to use, always follow this rule.
- When in doubt spell it out.

# **Abbreviations & symbols**

 Individual facilities and specialties may use their own specific abbreviations and symbols or use a symbol differently

 In maternity care it is also used to mean "trimester"

## The context indicates the meaning



# **Abbreviations & symbols**

- Don't assume you know what an abbreviation or symbol means.
- Learn the abbreviations and symbols used on your clinical site during orientation to the practice, through chart review, and by asking.

# **Abbreviations & symbols**

- Don't use your own personal abbreviations in health care documents.
- Use only standard medically accepted abbreviations and those used by the facility on your clinical site
- Use capital and small letters appropriately
- Non-standard abbreviations can result in medical errors and fines for the agency when discovered during chart audits

## Common abbreviations & symbols

a.c. before a meal

b.i.d. twice a day

T.d.s Three Times a day

BM bowel movement

BP blood pressure

q.d.s Four Times a day

CDC Centers for Disease Control

## Medical abbreviations & symbols

ASD Atrial Septal Defect

VSD VentricularSeptal Defect

PDA Patent Ductus Arteriosus

TOF Tetralogy of Fallot

TGA Transposition of Great vessel

P pulse

p.c. After meals

P.O. By mouth

FBS, DM, COAP, SBE, GC, STD

## Medical abbreviations & symbols

p.r.n. As needed

q.d. Daily, once a day

q.h. Every hour

q.i.d. Four times a day

R respiration

RR respiration rate

CA Cancer

stat. immediately

- Ac
- Ad lib
- am, A.M.
- Bid
- caps
- . gtts

- Before meals (ante cibum)
- Ad libetum as desired
- Ante meridiem (morning)
- Bis in die, twice a day
- capsules
- Drop, drops

- I&O
- IABP
- ID
- IM
- inf
- instill
- IU
- IUD
- IV

- Intake and output
- Intra-aortic balloon pump
- Intradermal, identification
- Intramuscular
- Infusion
- Instillation
- International units
- Intrauterine device
- Intravenous

- pc
- pm, P.M.
- PO, po
- prn
- sc, subcu, sq,
- tab
- tid
- †
- 3

- After meals (post cibum)
- Post meridiem (after noon)
- Postoperative, by mouth (per os)
- Pro renata, as needed or required
- Subcutaneous
- tablet(s)
- Ter in die, three times a day22
- Death
- Male

- H. pylori
- IBS
- N & V
- PEG
- UGI

A & P resection BE OGD ERCP GERD GI

- FSH
- #
- HCG
- Laser
- mg
- Mm

- Follicle-stimulating hormone
- Fracture
- Human chorionic gonadotropin
- Light amplification by stimulated emission of radiation
- Milligram (0.001 gram)
- Millimeter (0.001 meter)

- $\mathsf{T}_3$ ,  $\mathsf{T}_{4,}$
- Triiodothyronine, tetraiodothyronine TSH (thyroid function tests)

- TIA
- TSH

- Transient ischemic attack
- Thyroid-stimulating hormone

## **Medical symbols**

- > greater than
- < less than
- ↓ decreased, down, lower
- increased, higher, up, elevate
- decreasing
- increasing
- # pound or number in orthopaedic means fracture bone

# **Medical symbols**

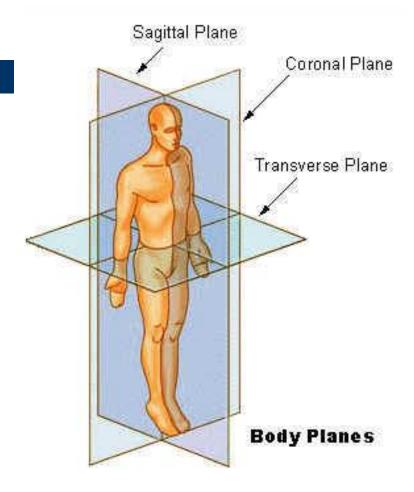
- ' foot or minute
- " inch or second
- o degree
- ♂ male
- ♀ female
- ∆ change, trimester
- @ at

## **Anatomic Reference Systems**

- Are used to describe the locations of structural units of the body.
- The simplest anatomic reference is the one we learn in childhood.
- Our right hand is on the right, and our left hand is on the left.
  - In medical terminology, there are several additional ways to describe the location of different body parts.
  - These anatomical reference systems include;
  - Body planes, directions, cavities, and units.

## **Anatomic reference system**

 Here is an example of body planes, so you can get a better idea.



## **Body Direction Terms**

- The relative location of sections of the body, or of an organ can be described through the use of pairs of contrasting body direction terms.
- Ventral-front or belly side.
- Dorsal- refers to back of organ or body.
- Anterior-situated in the front.
- Posterior-situated in the back.
- Superior-upper most, above, or toward the head.
- Inferior- lowermost, below, or toward the feet.
- Cephalic-toward the head.
- Caudal-toward the lower part of the body.

## **Body Direction Terms**

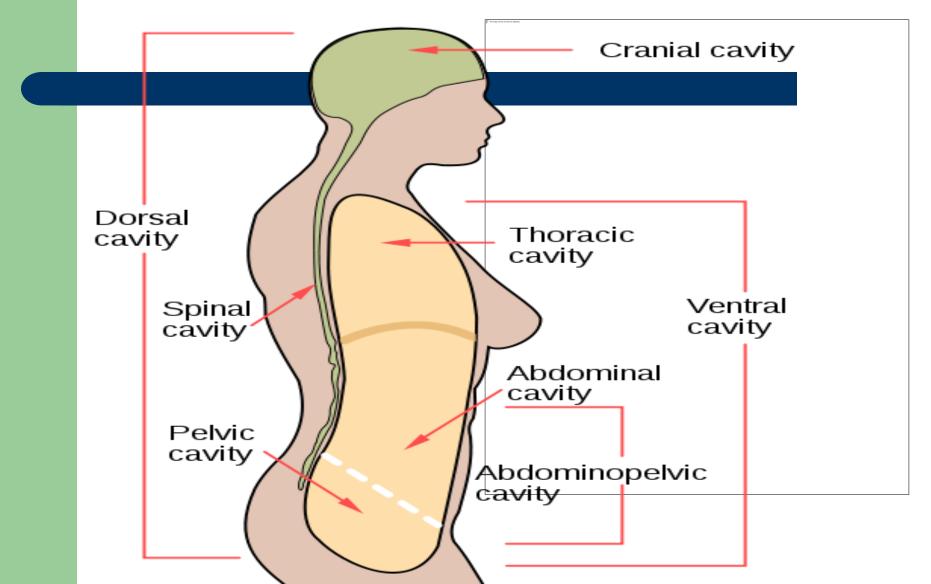
- Proximal- Situated nearest the midline or beginning.
- Distal-Situated farthest form the midline or beginning of the body structure.

- Medial- The direction toward or nearest the midline.
- Lateral-The direction toward or nearest the side and away from the midline.

## **Major Body Cavities**

- The two major body cavities, which are the dorsal and ventral cavities, are spaces within the body that contain and protect internal organs.
- The dorsal cavity, which is located along the back of the body and head, contains organs of the nervous system that coordinate body functions and is divided into two portions.
- The cranial cavity, which is located within the skull, surrounds and protects the brain.
- Cranial means pertaining to the skull.
- The spinal cavity, which is located within the spinal column, surrounds and protects the spinal cord.

## **Major body cavities**



## **Structures Of The Body**

- The body is made up of increasing larger, and more complex, structural units.
- From the smallest to the largest these are: cells, tissue, organs, and the body systems.
- A body organ is a somewhat independent part of the body that performs a specific function.

## Choosing a medical dictionary

- Explanations of medical procedures, conditions, disorders and diseases
- Clear, easy to understand definitions
- Pronunciation guidelines
- Abbreviations and symbols
- Useful diagrams, charts, reference tables containing information like lab values, conversion tables (metric to standard), etc
- Vocabulary useful to your chosen field

## Learn medical terminology

- Study and learn a few words every day
- Make flash cards
- Practice using terms verbally
- Use symbols and abbreviations when you write notes
- Use a medical dictionary for reference
- Ask for a definition when you hear a term or see an abbreviation that you don't know

### Pronunciation guidelines

- The "soft" pronunciation of the consonant is used when followed by e, i or y
- "c" sounds like "s" <u>cell, circulation, cyst</u>
- "g" sounds like "j" when followed by e, i or y <u>genetic, gingivitis, gestation</u>
- "ch" sounds like "k" <u>chronic, chromium, cholecystitis, psychologist</u>

## **Pronunciation guidelines**

 When a word ends in "i" it is pronounced like "eye" as in

bacilli

 "x" is pronounced "z" as in <u>xylocaine</u>
 xenophobic

## **Pronunciation guidelines**

When "P" is at the beginning of words followed by a consonant:

- "ph" is pronounced "f" as in <u>pharmacy</u>
- "pn" is pronounced "n" (silent "p") as in <u>pneumonia, pneumococcus</u>
- "ps" is pronounced "s" (silent "p") as in <u>psychotic,</u>
   <u>psychosocial</u>
   psychologist