Summary

The etiology of duodenal ulcer (D.U.) is completely Unknown; however, Gastric acid secretion plays an important role in pathogenesis of the disease. The study is planned to find out the relationship between the contributing factors of D.U. and some variables, such as age, sex, level of education. Descriptive study was conducted in Baghdad teaching hospital. Reviewing (30) D.U. patients who were admitted to the surgical world of Baghdad teaching hospital. Data were collected through the use of the questionnaire (interview) with the patients.

The results have revealed that the majority of the samples were from heavy smokers of alcoholic males. It was recommended that an educational program for duodenal ulcer patient should be developed regarding Duodenal ulcer.

Introduction

Gastrointestinal (GI) is a major cause of illness in young adults. About 20% in the Duodenaum (Carol-J.B. and Phyllis. H. ۲۰۰۷).

Duodenal ulcer (D.U.) occurs only in the areas of the gastrointestinal tract that are exposed to hydrochloric acid and pepsin. Ulcer disease relatively happens in the United State; it has been estimated that about (1) in every (10) men will have duodenal ulcer during course of his life. Ulcer disease is some what less common in women that in men, about (1) in (25) women can be expected to develop an ulcer (Gross man 2004).