

# EFFECT OF INFECTION WITH INTESTINAL PARASITIC ON BLOOD PICTURE<sup>+</sup>

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## Abstract

This study was performed from December 2004 to March 2005 to investigate the prevalence rates of intestinal parasites and blood picture of patients who were suffering from different intestinal parasite in hospitals of AL- Hilla city center.

This study included 100 patients from both sexes and different ages. Stool samples examinations were performing for these cases, which include direct smear method and the Scotch Cellulose Tape Technique for examination about Enterobius vermicularis in children. Certain examinations of blood picture were conducted, which included total white blood cells count, Eosinophil count and Hb determination for 100 cases. The results of this study show that the total infection rate with intestinal parasites was 100%. This study record the prevalence rate of intestinal parasites as following Entamoeba histolytica 11(11.0%), Giardia lamblia 16(16.0%), A. lumbricoides 20(20.0%), H.nana 10(10.0%), E. vermicularis 43(43.0%).

In relation with blood picture examinations, there was significant increasing of each of total number of W.B.Cs and number of Eosinophils for patients of parasitic infections in comparison with standard normal values. In addition, there was nonsignificant decreasing tofrHb values for the patients' less than normal level of hemoglobin (Hb).

## Introduction

Intestinal helminthes and **protozoa** have global prevalence, though they considerable variation both in place **and in time**. The distribution of parasites over the surf j of the earth is dependant on the presence of **wttble hosts**, the habits, and environmen conditions [1]. Estimates of the global **prevalence of intestinal** parasitic diseases are at b extremely rough. Although many studies **have been doae, aid others** are still going on, over the world, to study intestinal infection of **parasitic name, still morbidity** reporting essentially non-existent in many parts of the world, **in which these dbeases do occur** [2].

## **Materials and Methods**

**The Patients:** This study included 100 patients of both sexes clinically confirmed intestinal parasite.

### **General Information**

The information included living conditions or regions (Urban, Rural), locality, sex, age and education. Some information was obtained from the case sheet as a confirmatory diagnosis of intestinal disorders.

### **Laboratory Examination**

#### **1-Stool Examinations**

##### **Stool Samples Collection**

Clean plastic cups were used for stool samples collection avoiding presence of urine or any other substances that may lead to false examination.

#### **Stool Samples Examinations**

##### **1-Macroscopical Examination**

It was performed by observing grossly the consistency of stool samples, presence helminthes, blood, mucus and other substances.

##### **2- Microscopical Examination**

###### **1-Direct Method**

From each stool samples, smears with normal saline and lugol's iodine were examined. Two direct smears were examined from each fecal sample, by preparing 2 clean dry microscope slides, each with normal saline and lugol's iodine solutions, using clean fine wood stick, the stool specimen was touched in different sites, especially where streaks of blood or pus are noticed, then mixed thoroughly with each drop normal saline and lugol's iodine solutions on the prepared 2 slides, then each half of slides was covered by cover slip. The smear was examined thoroughly under the 10 (x10) power and high (x40) power of the microscope.

## **2-The Scotch Cellulose Tape Technique 2- Blood Examinations**

**Blood Samples Collection:** Blood samples were drawn from the 22 patients with intestinal parasite, by using 2ml disposable syringes, 1.0ml of this blood was put in E.D.T.A. tube for W.B.C.s count, Eosinophil count and Hb hemoglobin determination.

### **Blood Picture Examinations**

These examinations were performed for a certain number of infected patients with intestinal disorders, in other words these patients were infected with intestinal parasites that cause intestinal disorders.

#### **1-Total White Blood Cell Count [W.B.Cs Count] :**

W.B.Cs. count was performed according to [3, 4]

#### **2- Eosinophil Count:** Was performed by differential white blood cells count according to [3, 4].

#### **3-Haemoglobin (Hb) Determination:** Haemoglobin determination was performed by using Sahli method according to [3].

### **Statistical Methods**

T-test and Chi-squared were applied to find the significant difference between the data. P value ( $<0.05$ ) were considered significant [5].

### **The Results**

Prevalence rates of parasitic infections that are associated with intestinal parasites were (100%) associated with different parasitic infections. This study record that the number and percentage of parasite as follows: Entamoeba histolytica 91 (16.80%), Giardia lamblia 86 (15.92%), A.lumbricoides 20 (3.62%), H.nana 10 (1.80%), E. vermicularis 71 (11.2 %) (Table 1).

## **Blood Examinations**

The blood picture examinations were performed for different groups of patients who were with intestinal parasites. These examinations included total white blood cells count (T.W.B.Cs count), Eosinophil count and Haemoglobin (Hb) determination.

### **1- Total White Blood Cells Count (T.W.B.Cs count)**

This examination was performed for 40 patients. They were divided into 3 age groups and each group included 10 patients. The mean value  $\pm$  S.D. of T.W.B.Cs count for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> groups was  $947.0 \pm 306.0$ ,  $937.0 \pm 304.0$  &  $860.0 \pm 316.0$  respectively (Table 2).

### **2- Eosinophil Count**

This examination was also performed for 40 cases who were the same three groups of patients, mentioned previously with T.W.B.Cs count. The mean value  $\pm$  S.D