**Nursing Theories Course**

**1. Course Title: Nursing Theories**

**2. Course Number:**

**3. Credit Hours: Total of (2) credits:**

**Theory (2) credits.**

**Clinical (0) credits.**

**4. Course Calendar: Total of (2) hours per week of (15) weeks:**

**Theory (2) hrs.**

**Clinical (0) hrs.**

**5. Placement: PhD / Year 1 / Semester 1**

**6. Instructors: Assist. Prof. Dr. Amean Ageal AlYaseri**

**Prof. Dr. Muna A. Khaleel**

**7. Course Description:**

**Examines the theoretical and conceptual bases of nursing to encourage the student to critique, evaluate and utilize an appropriate theory within their own practice. Focus will be on a variety of theories from nursing. Application and utilization of these theories to provide quality health care in the current health care delivery system will be explored.**

1. **Course Goals:**

**Upon completion of this course the student will be able to:**

**1. Analyze the historical evolution and philosophical tenets of theory and science development in nursing.**

**2. Analyze critique and utilize a selected nursing theory within their own practice settings.**

**3. Compare and contrast the characteristics of grand theories/conceptual models and middle range theories in nursing.**

**4. Demonstrate how theory is used in a variety of roles and settings to guide advanced nursing practice.**

**Theoretical Content**

**Unit 1 - Emergence of nursing as a scholarly discipline.**

**Unit 2 - Role of a nurse in a health team.**

**Unit 3 - Towards development of nursing practice theory**

**- Stages in nursing progress.**

**- Milestone in Theory development.**

**Unit 4- Philosophy and nursing science ( includes :- self -awareness issues and ethical issues(**

**Unit 5 - Nursing theories (grand, midrange, and practice-linked theories).**

**Unit 6 - Concept of nursing theory- Theories of Nursing, Leningem, Pender, Mercer, Mischel, Orem, King, Roy's theories and their applications.**

**Unit 7 - Nursing theory and nursing practice**

**- Practice oriented theory**

**- The professional dimension**

**- The notion of a practice theory**

**Unit 8 - Nursing theory and nursing research**

**- Practice oriented research**

**- The interaction between theory and research**

**- Implications for nursing research**

**10. Learning Resources:**

Blackboard, Posters, Presentations. Written assignments, Handout, Films.

**11. Teaching / Learning Strategies:**

Lectures, group discussions, groups work, Debates, case based learning.

**12. Students Evaluation:**

1st theory exam. 20%

2nd theory exam. 20%

Written Assignments 10%

Final theory exam 50%

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Total 100%

**13. References**

**Chinn, P. L. & Kramer, M. K. (2008). Integrated theory &knowledge development in nursing (7th Ed(.**

**Elsevier/Mosby. (ISBN: 9780323052702)**

**Marriner, Tomey, A. M. & Alligood, M. R. (2006). Nursing theorists and their work (6th Ed.). St Louis, Mo: Mosby. (ISBN:9780323030106)**

**Publication manual of the American Psychological Association. (2010). 6th( Ed.) Washington, DC: American Psychological Association.**

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