

Ch. 3 : Kinetics of Particles

B. Work and Energy:

1. Work and Kinetic Energy:

The work-energy method is useful in calculating the change in speed during a displacement of the particle. In this section we will apply work and energy methods to solve plane motion problems involving **force, velocity, and displacement**

Work (U): Whenever a force F will do work on a particle only when the particle undergoes *a displacement in the direction of the force.*

Work done = Force \times Displacement

The work done by the force F during the displacement $d\mathbf{r}$ is defined as:

$$dU = F \cdot d\mathbf{r}$$

$$U = F ds \cos \alpha$$

where: $ds = |d\mathbf{r}|$

F_t : tangential component of force F

F_n : normal component of force F

$F_t = F \cos \alpha$ (in the direction of displacement ds and *dose work*)

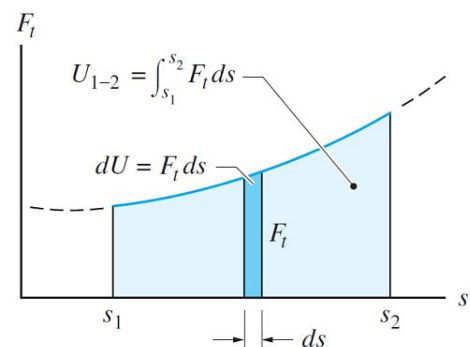
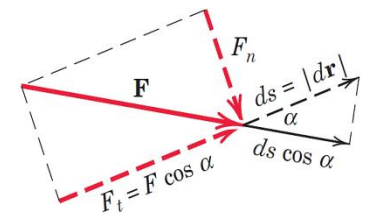
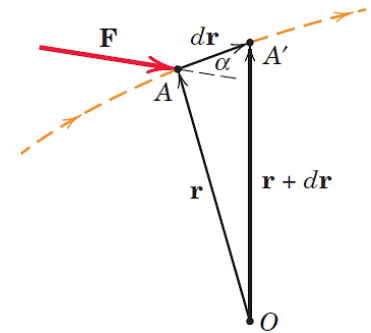
$F_n = F \sin \alpha$ (normal to the displacement ds and *does no work*)

$$\therefore dU = F_t ds$$

$$U_{1-2} = \int_{s_1}^{s_2} F_t ds$$

The unit of work U is **Joules (J)**

or **N \cdot m , lb \cdot ft**

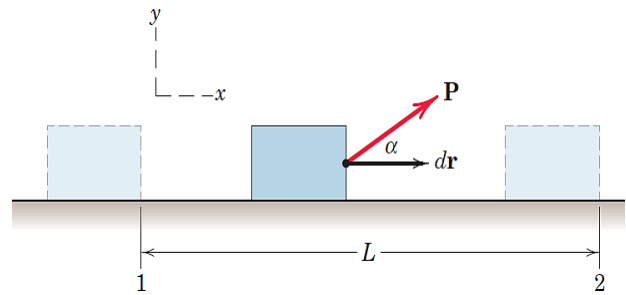


Calculations of Work:**a- Work of Constant External Force (P)**

$$U_P = U_{1-2} = \int_{x_1}^{x_2} P \cos\alpha \, dx$$

$$U_P = P \cos\alpha (x_2 - x_1)$$

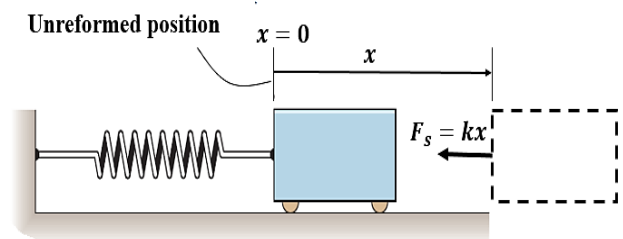
$$U_P = PL \cos\alpha \quad (1)$$

**b- Work of Spring Force (F_s)**

$$U_{F_s} = - \int_{x_1}^{x_2} F_s \, dx$$

$$U_{F_s} = - \int_{x_1}^{x_2} kx \, dx$$

$$U_{F_s} = \frac{1}{2} k(x_1^2 - x_2^2) \quad (2)$$

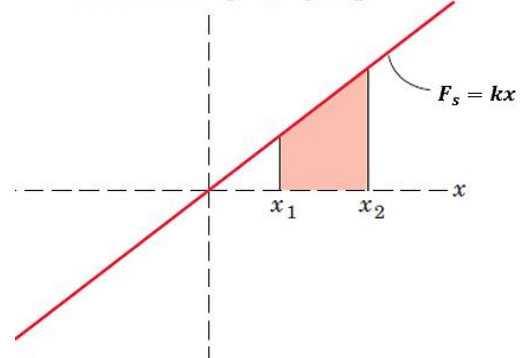


Where:

k : is the spring stiffness (N/m) or (lb/ft)

x : is the stretch or compression of the spring (m, ft)

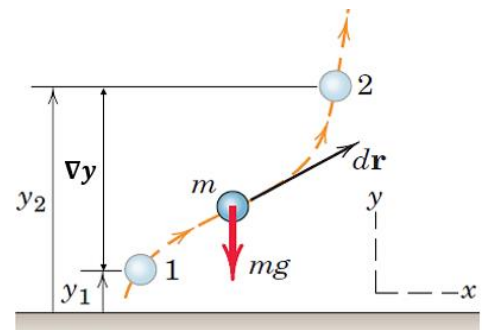
Force F required to stretch or compress spring

**c- Work of Weight (W)**

$$U_W = -mg(y_2 - y_1)$$

$$U_W = -W\Delta y \quad (3)$$

The U_W is positive (+) when the weight moves downwards, and negative (-) when the weight moves upward.



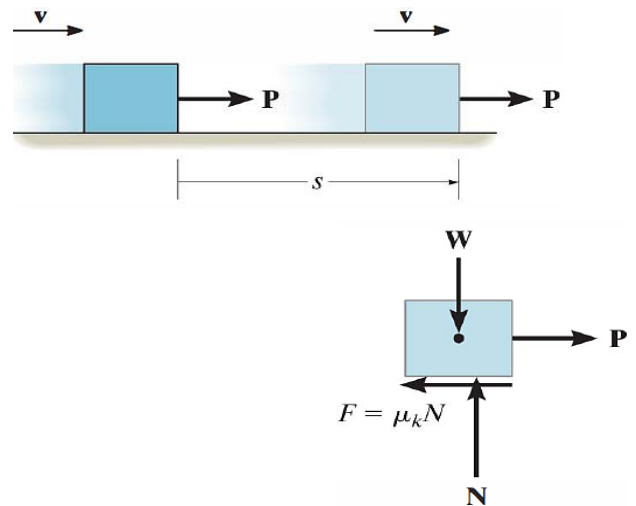
d- Work of Friction Caused by Sliding.

$$U_F = F S = (\mu_k N) S$$

F : friction force

N : normal (reaction) force

μ_k : The coefficient of kinetic friction



The principle of Work and Kinetic Energy:

ΣF_n does no work (always normal to the path s)

ΣF_t done work (always in the direction of path s)

Newton's second law ; $\Sigma F_t = ma_t$

From kinematics: $a_t ds = v dv$

$$\therefore \frac{\Sigma F_t}{m} ds = v dv$$

$$\Sigma \int_1^2 F_t ds = m \int_{v_1}^{v_2} v dv = \frac{1}{2} m (v_2^2 - v_1^2)$$

The *kinetic energy* T of the particle is defined as : $T = \frac{1}{2} m v^2$ (4)

$$\Sigma \int_1^2 F_t ds = \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2$$

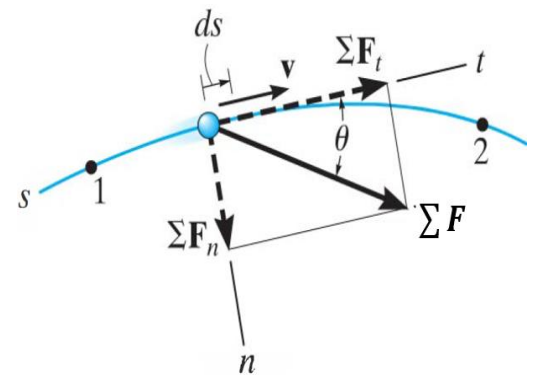
$$\Sigma U_{1-2} = T_2 - T_1 = \Delta T$$

$$\therefore T_1 + \Sigma U_{1-2} = T_2 \quad (\text{principle of work and kinetic energy}) \quad (5)$$

T_1 : initial kinetic energy (Joule)

T_2 : final kinetic energy (Joule)

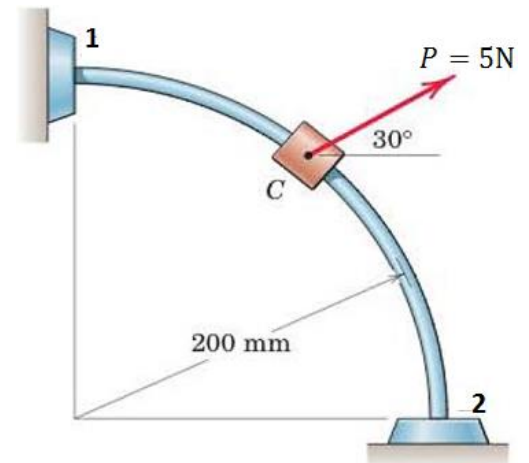
ΣU_{1-2} : the total work done by all forces acting on a particle as it moves from point 1 to point 2



Notes:

- 1- Equation (5) is used to solve the problems that involve the velocity v , force F , and displacement s .
- 2- Work is *positive* when the force component is in the *same sense of direction* as its displacement, otherwise it is negative.

Ex. (1): The 0.5kg collar C slides with negligible friction on the fixed rod in the vertical plane. If the collar starts from rest at 1 under the action of the constant 5 N force, calculate its velocity v as it hits the stop at 2. Neglect the small dimensions of the collar.

**Sol.:**

The collar starts from rest at A : $v_1 = 0$, $T_1 = \frac{1}{2}mv_1^2 = 0$

$$T_2 = \frac{1}{2}mv_2^2 = 0.25v_2^2$$

Work of force 5N ; $U_P = P s = 5 \cos 30 (0.2) - 5 \sin 30 (0.2) = 0.366 \text{ J}$

Work of weight W ; $U_W = W \Delta y = mg(y_2 - y_1) = 0.5(9.81)(0.2 - 0) = 0.981 \text{ J}$

Total work; $\sum U_{1-2} = U_P + U_W = 1.347 \text{ J}$

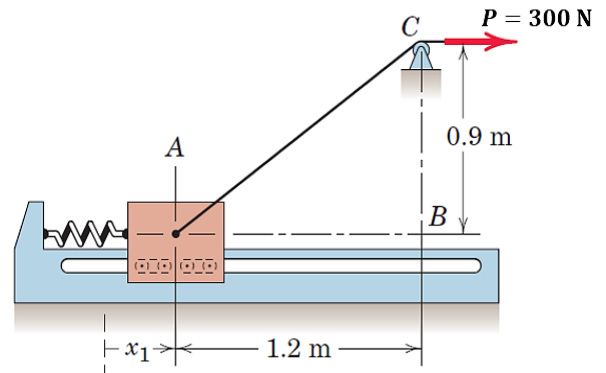
$$\therefore T_1 + \sum U_{1-2} = T_2$$

$$0 + 8.943 = 0.4v_2^2$$

$$\therefore v_2 = 4.73 \text{ m/s}$$

Ans.

Ex. (2): The 50-kg block at A is mounted on rollers so that it moves along the fixed horizontal rail with negligible friction under the action of the constant $P = 300$ N force in the cable. The block is released from rest at A, with the spring to which it is attached extended an initial amount $x_1 = 0.233$ m. The spring has a stiffness $k = 80$ N/m. Calculate the velocity v of the block as it reaches position B.



Sol.:

The block is released from rest at A: $v_1 = 0$, $T_1 = 0$

$$T_2 = \frac{1}{2}mv_2^2 = 25v_2^2$$

$$x_1 = 0.233 \text{ m}, \quad x_2 = x_1 + 1.2 = 1.433 \text{ m}$$

$$\text{Work of spring;} \quad U_s = \frac{1}{2}k(x_1^2 - x_2^2) = \frac{1}{2}(80)(0.233^2 - 1.433^2) = -80 \text{ J}$$

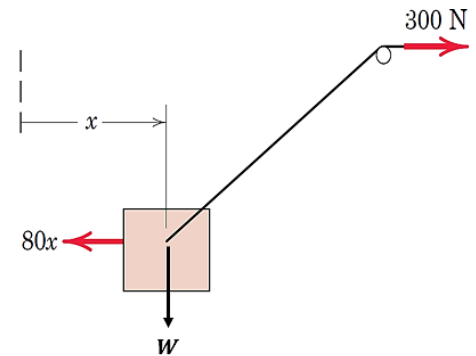
$$\text{Work of force } P; \quad U_P = P s$$

$$s = AC - BC = \sqrt{1.2^2 + 0.9^2} - 0.9 = 0.6 \text{ m}$$

$$\therefore U_P = 300(0.6) = 180 \text{ J}$$

$$\text{Work of weight;} \quad U_W = 0$$

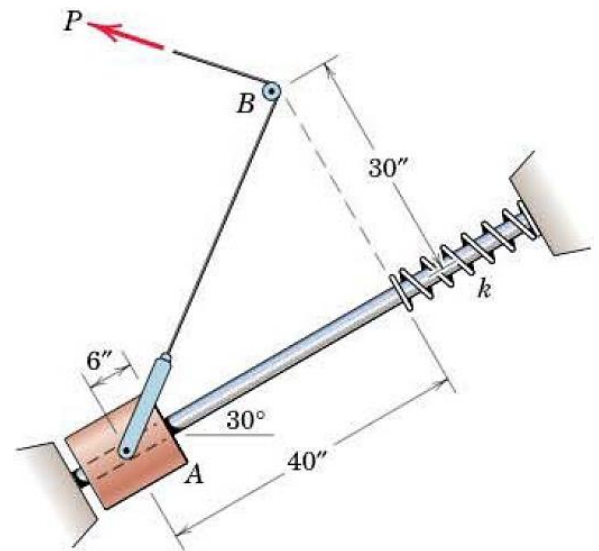
$$\text{Total work;} \quad \sum U_{1-2} = U_s + U_P + U_W = 100 \text{ J}$$



$$T_1 + \sum U_{1-2} = T_2$$

$$0 + 100 = 25v_2^2 \quad \therefore v = 2 \text{ m/s} \quad \text{Ans.}$$

Ex. (3): The 32-lb collar A is released from rest in the position shown and slides with negligible friction up the fixed rod inclined 30° from the horizontal under the action of a constant force $P = 50$ lb applied to the cable. Calculate the required stiffness k of the spring so that its maximum deflection equals 6 in. the position of the small pulley at B is fixed



Sol.:

$$\text{For collar ; } \quad \sum U_{1-2} = \Delta T = T_2 - T_1$$

$$\text{from rest } \quad v_1 = 0, \quad T_1 = 0$$

$$\text{since maximum deflection, the collar is stopped a ; } \quad v_2, \quad T_2 = 0$$

$$U_P = P s, \quad s = AB - BC = \sqrt{\left(\frac{40}{12}\right)^2 + \left(\frac{30}{12}\right)^2} - \frac{30}{12} = 1.67 \text{ ft}$$

$$\therefore U_P = 50(1.67) = 83.33 \text{ lb} \cdot \text{ft}$$

$$U_W = -Wh = -30 \left(\frac{40 \sin 30}{12} \right) = -50 \text{ lb} \cdot \text{ft}$$

$$\text{Work of spring ; } \quad U_s = \frac{1}{2} k (s_1^2 - s_2^2) = \frac{1}{2} k \left(0 - \left(\frac{6}{12} \right)^2 \right) = -0.125 k$$

$$\therefore \sum U_{1-2} = T_2 - T_1 = 0$$

$$U_P + U_W + U_s = 0$$

$$83.33 - 50 - 0.125 k = 0$$

$$\therefore k = 266.64 \approx 267 \text{ lb/ft} \quad \text{Ans}$$

2. Conservative Forces and Potential Energy:

Conservative Forces : If the work of a force is independent of the path and depends only on the force's initial and final positions, then we can classify this force as a *conservative force*.

The Conservative Forces are: (1) weight ($W = mg$) and (2) spring force ($F_s = ks$)

Potential Energy:

When energy comes from the position of the particle, measured from a fixed datum or reference plane, it is called *potential energy*.

The potential energy V is a measure the amount of work done by conservative forces (weight, spring force).

a- Gravitational Potential Energy (V_g).

if y is positive upward, the gravitational potential energy of the particle of weight W is

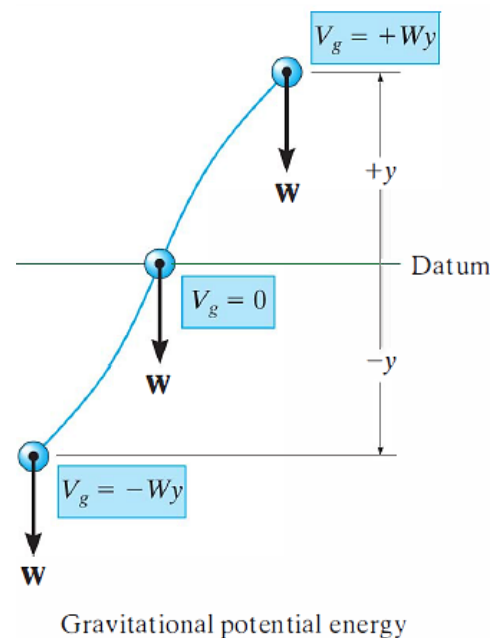
$$V_g = Wy$$

At the datum ($y = 0$) $V_g = 0$

Under the datum $V_g = -Wy$

The change in potential energy is

$$\Delta V_g = W\Delta y$$



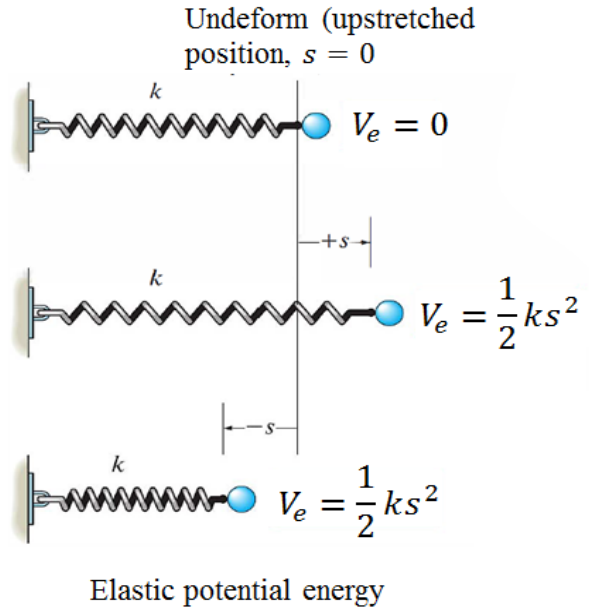
b- Elastic Potential Energy (V_e).

$$V_e = \int_0^s F_s ds = \int_0^s ks ds$$

$$V_e = \frac{1}{2}ks^2$$

$$\text{And } \Delta V_e = \frac{1}{2}k(\Delta s^2)$$

$$\Delta V_e = \frac{1}{2}k(s_2^2 - s_1^2)$$



The total potential energy is:

$$V = V_g + V_e$$

Work-Energy Equation:

If the particle moves from initial position (1) to the final position (2) then

$$U'_{1-2} = \Delta T + \Delta V$$

$$\text{Where: } \Delta T = T_2 - T_1 \quad \text{and} \quad \Delta V = V_2 - V_1$$

$$\therefore T_1 + V_1 + U'_{1-2} = T_2 + V_2$$

U'_{1-2} : the work of the external force P (non-conservative force)

Conservative of Energy:

If only conservative forces (weight, spring force) acting on the particle, then

$$P = 0 \rightarrow U'_{1-2} = 0$$

$$\therefore T_1 + V_1 = T_2 + V_2$$

{Law of conservative of energy, or conservative of mechanical energy}

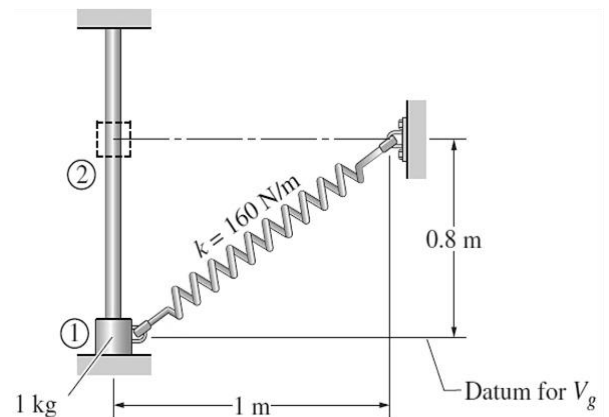
Or $E_1 = E_2$

Where:

$E_1 = T_1 + V_1$: total energy at initial position

$E_2 = T_2 + V_2$: total energy at final Position

Ex. (4): The figure shows a 1-kg collar that slides along the frictionless vertical rod under the actions of gravity and an ideal spring. The spring has a stiffness of 160 N/m, and its free length is 0.9 m. The collar is released from rest in position 1. Determine the speed of the collar in position 2



Sol.:

Select datum at initial position (1)

$$(V_g)_1 = mgh_1 = 1(9.81)(0) = 0$$

$$(V_g)_2 = mgh_2 = 1(9.81)(0.8) = 7.84 \text{ J}$$

$$\text{For spring; } s_1 = l_1 - l_0 = \sqrt{0.8^2 + 1^2} - 0.9 = 0.38 \text{ m}$$

$$s_2 = l_2 - l_0 = 1 - 0.9 = 0.1 \text{ m}$$

$$(V_e)_1 = \frac{1}{2}ks_1^2 = \frac{1}{2}(160)(0.38)^2 = 11.552 \text{ J}, \quad (V_e)_2 = \frac{1}{2}ks_2^2 = \frac{1}{2}(160)(0.1)^2 = 0.8 \text{ J}$$

$$\therefore V_1 = (V_g)_1 + (V_e)_1 = 11.552, \quad V_2 = (V_g)_2 + (V_e)_2 = 8.64 \text{ J}$$

$$T_1 = \frac{1}{2}mv_1^2 = 0 \quad , \quad T_2 = \frac{1}{2}mv_2^2 = 0.5v_2^2$$

$$\sum U'_{1-2} = 0 \quad (\text{no external force})$$

The conservation of energy is

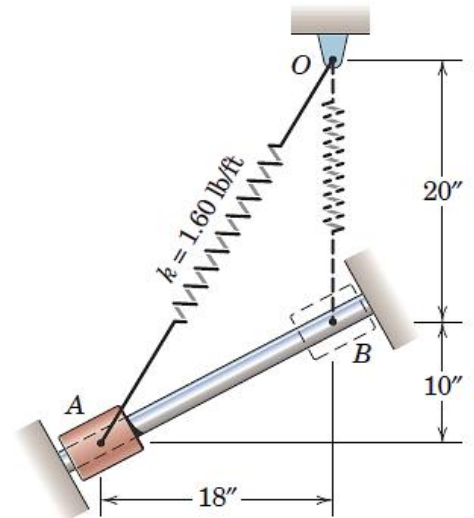
$$T_1 + V_1 = T_2 + V_2$$

$$0 + 11.552 = 0.5v_2^2 + 8.64$$

$$\therefore v_2 = 2.41 \text{ m/s}$$

Ans.

Ex. (5): The 2-lb collar is released from rest at A and slides freely up the inclined rod, striking the stop at B with a velocity v . The spring of stiffness $k = 1.6 \text{ lb/ft}$ has an undeform (unstretched) length of 15 in. Calculate v .



Sol.:

$$T_A = \frac{1}{2}mv_A^2 = 0$$

$$T_B = \frac{1}{2}m = \frac{1}{2}\left(\frac{2}{32.2}\right)v^2 = 0.031v^2$$

$$(V_g)_A = Wh_A = 2(0) = 0$$

$$(V_g)_B = Wh_B = 2(10/12) = 1.667 \text{ lb} \cdot \text{ft}$$

$$\text{For spring: } s_A = l_{OA} - l_0 = \sqrt{18^2 + 30^2} - 15 = 20 \text{ in}$$

$$s_B = l_{OB} - l_0 = 20 - 15 = 5 \text{ in}$$

$$(V_e)_A = \frac{1}{2}ks_A^2 = \frac{1}{2}(1.6)\left(\frac{20}{12}\right)^2 = 2.22 \text{ lb} \cdot \text{ft} \quad , \quad (V_e)_B = \frac{1}{2}ks_B^2 = \frac{1}{2}(1.6)\left(\frac{5}{12}\right)^2 = 0.1388 \text{ lb} \cdot \text{ft}$$

$$\therefore V_A = (V_g)_A + (V_e)_A = 2.22 \text{ lb} \cdot \text{ft} \quad , \quad V_B = (V_g)_B + (V_e)_B = 1.806 \text{ lb} \cdot \text{ft}$$

$$\sum U'_{A-B} = 0 \quad (\text{no external force})$$

The conservation of energy is

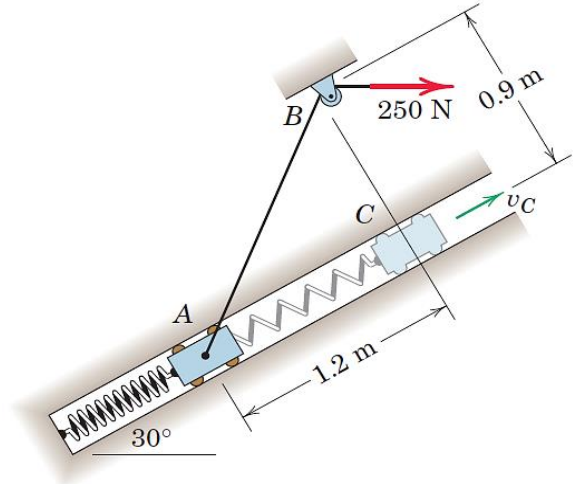
$$T_A + V_A = T_B + V_B$$

$$0 + 2.22 = 0.031v^2 + 1.806$$

$$\therefore v = 3.654 \text{ ft/s}$$

Ans.

Ex. (6): The 10 kg slider moves with negligible friction up the inclined guide. The attached spring has a stiffness of 60 N/m and is stretched 0.6 m in position A, where the slider is released from rest. The 250N force is constant and the pulley offers negligible resistance to the motion of the cord. Calculate the velocity v_C of the slider as it passes point C.

**Sol.:**

Select datum at initial position A

$$(V_g)_A = mgh_A = 10(9.81)(0) = 0$$

$$(V_g)_C = mgh_C = 10(9.81)(1.2 \sin 30) = 58.9 \text{ J}$$

For spring; $x_A = 0.6 \text{ m}$, $x_C = x_A + 1.2 = 1.8 \text{ m}$

$$(V_e)_A = \frac{1}{2}kx_A^2 = \frac{1}{2}(60)(0.6)^2 = 10.8 \text{ J}$$

$$(V_e)_C = \frac{1}{2}kx_C^2 = \frac{1}{2}(60)(1.2)^2 = 92.7 \text{ J}$$

$$\therefore V_A = (V_g)_A + (V_e)_A = 10.8 \text{ J} , \quad V_C = (V_g)_C + (V_e)_C = 151.6 \text{ J}$$

$$\sum U'_{A-C} = Ps = P(AB - AC) = 250(\sqrt{1.2^2 + 0.9^2} - 0.9) = 150 \text{ J}$$

$$T_A = \frac{1}{2}mv_A^2 = 0 , \quad T_C = \frac{1}{2}mv_C^2 = 5v_C^2$$

$$T_A + V_A + \sum U'_{A-C} = T_C + V_C$$

$$0 + 10.8 + 150 = 5v_C^2 + 151.6$$

$$\therefore v_C = 0.974 \text{ m/s}$$

Ans.**H.W.:**

- 1- Re-solve examples (1, 2 and 3) by using the Work-Energy Equation.
- 2- Re-solve examples (4,5 and 6) by using the principle of work and energy.